

# REAL Curriculum Program Alignment Proposal

Department or School: Health and Human Performance

Date: 11/2/2020

Degree type: BS BA BBA BSN BM BFA BSW Minor Certificate

Program: Coaching Education Minor

REAL Area Program Designation Sought (check all that apply): R E A L

Dept/School Contact: Melissa Grim mlgrim@radford.edu

BS/BA Requirements: N/A (minor)

- Any degree program that fulfills a REAL area must include at least 9 unique credit hours for each area covered. At least 3 of these 9 credit hours must be at the 300 level or above
- A single major degree program may fulfill no more than three REAL areas for any one student, unless all four REAL areas are fulfilled by accreditation or licensure requirements.
- A single minor or certificate degree program may fulfill no more than two REAL areas.
- Degree program may cover up to two REAL areas using a single prefix.
- All courses documenting the coverage of a REAL area must fulfill all learning outcomes and be designated in that area.
- All courses that document fulfillment of a REAL area within a degree program of study are NOT required to be taught by the department/school. However, departments/schools are expected to formally communicate with other departments about reliance on and inclusion of courses in their degree program plans of study. Indicate this through signature of chair or director of the partnering department or school in the areas below.
- Departments or schools that seek to fulfill REAL areas must acknowledge assessment requirements for those areas. Assessment of degree seeking students is required to be conducted yearly by the department or school offering the degree program.
- If departments or schools want to use a menu of courses to fulfill a particular area, please duplicate the sections below for each REAL area and include information for each course included in the menu of options.
- Please save this file for submission as PROGRAM NAME\_ProgramType.docx (Example: Criminal Justice\_BS.docx)

By signing, the department/school acknowledges the above conditions and considerations:

Dept/School Signature	Date:
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**Official Program Description:**

Please paste the entire official program description from the Radford University catalog in the space within this box. Find those here: <https://catalog.radford.edu/>

Please note that every department/school will have to submit a catalog change proposal for program that asks the Registrar's Office to insert language about the program coverage of the REAL areas into the official Radford University catalog upon approval.

This is the updated version of the Coaching Sport Minor. A program revision form was sent to the curriculum committee at the same time this proposal form was submitted.

**Coaching Education Minor (18 credits)****Coaching Education Minor (18 credits)**

- 1. Required REAL-A courses (9 credit hours)**
  - a. ESHE 388 - Coaching the Athlete (3)
  - b. Choose one of the two REAL-A courses below (3) General education
    - ESHE 350 - Sport and Exercise Psychology
    - ESHE 370 - Sociocultural Aspects of Sport
  - c. Choose one of the one of the following: (REAL-A course)  
(if a course was not used in 2b above, it may also be taken here)
    - HLTH 200 Wellness Lifestyle
    - NUTR 214 Introduction to Nutrition
    - ESHE 212 Intro to Sport Management
  
- 2. Required REAL-L Area Courses (9 credit hours)**
  - a. HLTH 320 Health and Safety (3)
  - b. Choose one of the following REAL-L courses (3)
    - ESHE 389 Coaching Fieldwork in ESHE (3)
    - ESHE 364 Pre-Professional Fieldwork
  - c. Choose one of the following REAL-L courses (3)
    - ESHE 288 Coaching Fundamentals (3)
    - ESHE 214 Intro to Fitness, Strength, & Conditioning (3)

## CULTURAL OR BEHAVIORAL ANALYSIS

<p><b>A Area:</b>  Course Prefix: <b>ESHE</b>  Course Number: <b>388</b>  Course Title: <b>Coaching the Athlete</b>  Credit Hours: 3  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Projected student enrollment per academic year: 5-10</p>	<p>Is this course required or an elective for your degree program? <input checked="" type="checkbox"/> Required <input type="checkbox"/> Elective  Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.</p> <p>Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)</p> <p>Intended Frequency: <input type="checkbox"/> Every academic year <input checked="" type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other</p> <p>Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p><b>A Area:</b>  Course Prefix: <b>ESHE</b>  Course Number: <b>350</b>  Course Title: <b>Sport and Exercise Psychology</b>  Credit Hours: 3  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Projected student enrollment per academic year: 5-10</p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> Required <input checked="" type="checkbox"/> Elective – Choice of two courses (ESHE 350 &amp; 370)  Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.</p> <p>Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input checked="" type="checkbox"/> Other (Explain below)  Summer</p> <p>Intended Frequency: <input type="checkbox"/> Every academic year <input checked="" type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other</p> <p>Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p><b>A Area:</b>  Course Prefix: <b>ESHE</b>  Course Number: <b>370</b>  Course Title: <b>Sociocultural Aspects of Sport</b>  Credit Hours: 3  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Projected student enrollment per academic year: 5-10</p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> Required <input checked="" type="checkbox"/> Elective Choice of two courses (ESHE 350 &amp; 370) ALSO GE  Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.</p> <p>Course Rotation: <input checked="" type="checkbox"/> Fall <input type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)</p> <p>Intended Frequency: <input checked="" type="checkbox"/> Every academic year <input type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other</p> <p>Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p><b>A Area:</b>  Course Prefix: <b>ESHE</b>  Course Number: <b>212</b>  Course Title: <b>Introduction to Sport Management</b>  Credit Hours: 3  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Projected student enrollment per academic year: 3-6</p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> Required <input checked="" type="checkbox"/> Elective – Choice of three courses (ESHE 212, HLTH 200, NUTR 214)  Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.</p> <p>Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)</p> <p>Intended Frequency: <input type="checkbox"/> Every academic year <input checked="" type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other</p> <p>Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p><b>A Area:</b>  Course Prefix: <b>HLTH</b>  Course Number: <b>200</b>  Course Title: <b>Wellness Lifestyle</b>  Credit Hours: 3  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Projected student enrollment per academic year: 3-6</p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> Required <input checked="" type="checkbox"/> Elective- Choice of three courses (ESHE 212, HLTH 200, NUTR 214)  Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.</p> <p>Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)</p> <p>Intended Frequency: <input type="checkbox"/> Every academic year <input checked="" type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other</p> <p>Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>

<p>A Area:</p> <p>Course Prefix: <b>NUTR</b></p> <p>Course Number: <b>214</b></p> <p>Course Title: <b>Introduction to Nutrition</b></p> <p>Credit Hours: <b>3</b></p> <p>New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Projected student enrollment per academic year: 2-4</p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> Required <input checked="" type="checkbox"/> Elective-Choice of three courses (ESHE 212, HLTH 200, NUTR 214)</p> <p>Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If no, collaborating dept/school must also complete the remaining elements, and must sign below.</p> <p>Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)</p> <p>Intended Frequency: <input type="checkbox"/> Every academic year <input checked="" type="checkbox"/> Every semester <input type="checkbox"/> Every other year <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other</p> <p>Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p>A Designated Course Required within the Program of Study Approved for Inclusion in the General Education Coursework: (please list at least one, can also be listed above but does not need to be)</p> <p><b>2. Choose one of the following: REAL-A Courses also General Education Courses (3)</b></p> <p>ESHE 350 - Sport and Exercise Psychology or ESHE 370 - Sociocultural Aspects of Sport</p>	

<p>A Area:</p> <p>Learning Goal: To examine the context and interactions of culture(s) and/or behavior(s). <i>At the end of the program, students will complete a coaching field placement. After completing that field placements students will write and submit a paper that will include questions such as: How do you think that the location of your placement affected player behavior? Discuss player behaviors on your current team vs teams you have played on or other teams that you played against this year. How might team behavior differ if the team were boys, girls, co-ed, different age?</i></p>	
<p>Learning Outcome 1: Students describe behaviors, beliefs, cultures, social institutions, and/or environments.</p>	<p>Description of learning outcome assessment plan:</p> <p>University Assessment for A</p>
<p>Learning Outcome 2: Students analyze the interactions of behaviors, beliefs, cultures, social institutions, and/or environments.</p>	<p>Description of learning outcome assessment plan:</p> <p>University Assessment for A</p>
<p>Additional information for REAL Council consideration:</p>	

## APPLIED LEARNING

<p>L Area:  Course Prefix: <b>HLTH</b>  Course Number: <b>320</b>  Course Title: <b>Health and Safety</b>  Credit Hours: <b>3</b>  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Projected student enrollment per academic year: <b>5-10</b></p>	<p>Is this course required or an elective for your degree program? <input checked="" type="checkbox"/> <b>Required</b> <input type="checkbox"/> Elective    Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.    Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)    Intended Frequency: <input checked="" type="checkbox"/> Every academic year <input type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other    Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p>L Area:  Course Prefix: <b>ESHE</b>  Course Number: <b>364</b>  Course Title: <b>Coaching Fieldwork</b>  Credit Hours: <b>3</b>  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Projected student enrollment per academic year: <b>5-10</b></p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> <b>Required</b> <input checked="" type="checkbox"/> Elective Choice of ESHE 389 or 364    Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.    Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)    Intended Frequency: <input checked="" type="checkbox"/> Every academic year <input type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other    Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p>L Area:  Course Prefix: <b>ESHE</b>  Course Number: <b>389</b>  Course Title: <b>Coaching Fieldwork</b>  Credit Hours: <b>3</b>  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Projected student enrollment per academic year: <b>5-10</b></p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> <b>Required</b> <input checked="" type="checkbox"/> Elective Choice of ESHE 389 or 364    Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.    Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)    Intended Frequency: <input checked="" type="checkbox"/> Every academic year <input type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other    Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p>L Area:  Course Prefix: <b>ESHE</b>  Course Number: <b>288</b>  Course Title: <b>Coaching Fundamentals</b>  Credit Hours: <b>3</b>  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Projected student enrollment per academic year: <b>5-10</b></p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> <b>Required</b> <input checked="" type="checkbox"/> Elective Choice of ESHE 288 or 214    Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.    Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)    Intended Frequency: <input checked="" type="checkbox"/> Every academic year <input type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other    Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:</p>
<p>L Area:  Course Prefix: <b>ESHE</b>  Course Number: <b>214</b>  Course Title: <b>Intro to Fitness Strength &amp; Conditioning</b>  Credit Hours: <b>3</b>  New course: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  Revised course: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Projected student enrollment per academic year: <b>5-10</b></p>	<p>Is this course required or an elective for your degree program? <input type="checkbox"/> <b>Required</b> <input checked="" type="checkbox"/> Elective Choice of ESHE 288 or 214    Is this course offered within your dept/school? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  If no, collaborating dept/school must also complete the remaining elements, and must sign below.    Course Rotation: <input checked="" type="checkbox"/> Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Intersession <input type="checkbox"/> Other (Explain below)    Intended Frequency: <input checked="" type="checkbox"/> Every academic year <input type="checkbox"/> Every semester <input type="checkbox"/> Every other year  <input type="checkbox"/> At least once every three years <input type="checkbox"/> Other</p>

	Signature of collaborating chair/director indicating acknowledgement for inclusion and designation if not offered in dept/school:
L Designated Course Required within the Program of Study Approved for Inclusion in the General Education Coursework: (please list at least one, can also be listed above but does not need to be) <b>HLTH 320.</b>	

L Area: Learning Goal: To explore professional practice through the application of knowledge, skills, and critical reflection. <i>As part of some classes and as one full class, students will apply knowledge they learn in coaching classes to real coaching experiences. In addition to the experiences, student will complete projects in which they will critically reflect on their experiences.</i>	
Learning Outcome 1: Students apply acquired knowledge and skills to develop professional identity or professional practice.	Description of learning outcome assessment plan:  University Assessment for L
Learning Outcome 2: Students critically reflect on their learning, abilities, experiences, or role within professional contexts.	Description of learning outcome assessment plan:  University Assessment Plan for L
Additional information for REAL Council consideration: <i>See note under A above</i>	

Are existing material resources adequate to support this program alignment proposal?

Yes  No If not, what additional material resources would be needed?

Are existing space resources adequate to support this program alignment proposal?

Yes  No If not, what additional space resources would be needed?

Are existing human resources adequate to support this program alignment proposal?

Yes  No If not, what additional human resources would be needed?

Department Curriculum Committee Recommendation:	Signature:	Date:
Chair/Dean on Behalf of Dept/School:	Signature:	Date:
College Curriculum Committee Approval:	Signature:	Date:

01/14/2020

Dean/AVP Approval:	Signature:	Date:
REAL Council Recommendation:	Signature:	Date:
Faculty Senate Curriculum Committee Recommendation:	Signature:	Date:
Faculty Senate Approval:	Signature:	Date:
Provost Approval:	Signature:	Date: