

Nutrition & Dietetics

NAME _____

ID# _____

Core Coursework Requirements (30-36 cr.)

Foundational Writing

ENGL 111 _____ 3

Foundational Math

MATH 125 _____ 3

Scientific & Quantitative Reasoning

STAT 200 _____ 3 CHEM 111 _____ 4

Humanistic or Artistic Expression

_____ 3-4 _____ 3-4

Two of the following: ART 100, 215, 216; CLSS 110; CCST 110; CVPA 266; DNCE 111; ENGL 200, 201, 202, 203; HIST 101, 102; MUSC 100, 121, 123; PEAC 200; PHIL 111, 112, 200; POSC 110; RELN 111, 112, 203, 206; THEA 100, 180; ARAB 300; FREN 300, 320; GRMN 300; LATN 350; RUSS 300; WGST 200

*Courses taken for Core Coursework credit may not be cross credited (used to satisfy requirements in two Core Coursework categories), but course may be cross credited to majors, minors, and certificates.

Cultural or Behavioral Analysis

PSYC 121 _____ 3 _____ 3

PSYC 121 and one of the following: ANSC 101, 106; APST 200; CCST 103; ECON 101, 105, 106; GEOG 101, 102, 103, 140, 201, 202, 203, 280; HIST 111, 112; INST 101; ITEC 112; PEAC 200; POSC 120; RELN 112, 205; SOCY 110, 121; WGST 200

Writing Intensive

_____ 3

NUTR 404 and one of the following: ANSC 201, 203, 410, 430; ART 202; CORE 201, 202; ENGL 112, 210, 300, 306, 309, 470; HHUM 210; MKTG 201; PHRE 202; POSC 201, 202; THEA 281 (add additional courses as approved)

NUTRITION AND DIETETICS MAJOR REQUIREMENTS

Major Courses: 62 SH

NUTR 214 Introduction to Nutrition _____ 3 (F/S)

ADMISSION TO NUTR UPPER DIVISION REQUIRED TO ENROLL IN THE FOLLOWING COURSES:

Students must apply to register for upper division NUTR classes. The application and admission standards can be found at: www.radford.edu/nutr

NUTR 300	Medical Terminology	_____	1 (F/S)	
NUTR 301	Intro in Prof. in Nutrition & Dietetics	_____	1 (F)	Junior Level
NUTR 303	Nutrition Assessment	_____	3 (S)	NUTR 300, NUTR 316
NUTR 310	Food Service Management I	_____	3 (F)	NUTR 214, admission to upper division
NUTR 315	Food Service Management II	_____	4 (S)	NUTR 310, BIOL 334
NUTR 316	Life Stage Nutrition I	_____	3 (F)	NUTR 214, CHEM 122 and admission to upper division
NUTR 317	Life Stage Nutrition II	_____	3 (S)	NUTR 316
NUTR 320	Food Science	_____	3 (F)	NUTR 214, CHEM 122, BIOL 334 and admission to upper division
NUTR 325	Food Preparation	_____	2 (F)	NUTR 214, CHEM 122, BIOL 334, NUTR 320 (co-req)
NUTR 364	Field Exp. in Nutrition & Dietetics	_____	2 (S)	NUTR 301, NUTR 310, NUTR 316, NUTR 320
NUTR 401	Career Dev. in Nutrition & Dietetics	_____	1 (S)	NUTR 301, NUTR 364
NUTR 404	Rsrch Methods in Nutr. & Dietetics	_____	3 (S)	NUTR 415, NUTR 425
NUTR 405	Comm. & Cult. Nutrition	_____	3 (F)	NUTR 317
NUTR 414	Adv. Nutrition & Metabolism I	_____	4 (F)	NUTR 214, CHEM 122, BIOL 310 & 311, admission to upper division
NUTR 415	Adv. Nutrition & Metabolism II	_____	4 (S)	NUTR 414
NUTR 416	Emerging Issues in Foods & Nutr.	_____	3 (F)	NUTR 320, NUTR 317, NUTR 415
NUTR 420	Adv. Meal Planning & Demo.	_____	2 (S)	NUTR 320, 325, NUTR 425
NUTR 425	Medical Nutrition Therapy I	_____	4 (F)	NUTR 303, NUTR 415
NUTR 426	Medical Nutrition Therapy II	_____	4 (S)	NUTR 425
NUTR 435	Nutr. Counseling & Educ. I	_____	3 (F)	NUTR 303, NUTR 320, NUTR 415
NUTR 436	Nutr. Counseling & Educ. II	_____	3 (S)	NUTR 435

Pre-requisites

ADDITIONAL REQUIREMENTS (20 SH)

CHEM 122	General Chemistry	_____	4**(S)	CHEM 111
BIOL 105	Biology for Health Sciences	_____	4**	
BIOL 334	Microbiology	_____	4**	BIOL 105, 2.75 GPA
BIOL 310	Human Structure and Function I	_____	4**	BIOL 105
BIOL 311	Human Structure and Function II	_____	4**	BIOL 105

A 3.0 GPA on all college work attempted and a 3.0 GPA in the major are required for admission into upper-division courses. Students are required to achieve and maintain a 3.0 GPA of higher to complete and graduate in this program.

Electives (8+ credit hours)

_____ () _____ () _____ () _____ ()

Nutrition and Dietetics SAMPLE Program 4 Year Plan

*Must be taken in designated semester. Courses in **Bold** are required in Core Curriculum.

Fall Semester		Spring Semester	
Freshman Year	Cr.	Freshman Year	Cr.
ENGL 111	3	Writing Intensive	3
CHEM 111	4	BIOL 105	4
PSYC 121	3	MATH 125	3
Humanistic or Artistic Expression	3	Cultural or Behavioral Analysis	3
Elective	3	Humanistic or Artistic Expression	3
	Total 16		Total 16
Sophomore Year	Cr.	Sophomore Year	Cr.
Elective	3	Elective	3
BIOL 310 Human Structure & Function	4	BIOL 311 Human Structure & Function	4
NUTR 214 Introduction to Nutrition	3	College Core B: Humanities/VPA/FORL	3
BIOL 334 Microbiology	4	STAT 200	3
*NUTR 301 Introduction to Professions in NUTR	1	CHEM 122	4
	Total 15		Total 17
Junior Year	Cr.	Junior Year	Cr.
*NUTR 300 Medical Terminology	1	*NUTR 303 Nutrition Assessment	3
*NUTR 310 Food Service Management I	3	*NUTR 315 Food Service Management II	4
*NUTR 316 Life Stage Nutrition I	3	*NUTR 317 Life Stage Nutrition II	3
*NUTR 414 Advanced Nutrition & Metabolism I	4	*NUTR 364 Field Exp. In Nutrition & Dietetics	2
*NUTR 320 Food Science	3	*NUTR 415 Advanced Nutrition & Metabolism II	4
*NUTR 325 Food Preparation	2		
	Total 16		Total 16
Senior Year	Cr.	Senior Year	Cr.
*NUTR 401 Career Dev. in Nutrition & Dietetics	1	* NUTR 420 Adv. Meal Planning & Demo.	2
*NUTR 405 Community and Cultural Nutrition	3	* NUTR 404 Research Methods in Nutrition & Dietetics	3
*NUTR 416 Emerging Issues in Foods & Nutrition	3	* NUTR 426 Medical Nutrition Therapy II	4
*NUTR 425 Medical Nutrition Therapy I	4	* NUTR 436 Nutrition Counseling & Education II	3
*NUTR 435 Nutrition Counseling & Education I	3		
	Total 14		Total 12

Total credit hours required for degree = 122