

The 3rd Annual
Faster, Farther, Higher
High School Track & Field
Invitational

April 9, 2005
Radford University

Information Packet

➤ Date:

SATURDAY - APRIL 9th, 2005

➤ Hosts:

Radford University and Radford High School

➤ Location:

Radford University's Patrick D. Cupp Track and Field complex is an 8-lane, 400-meter eurotan synthetic encapsulated surface with dual runways for both the vaults, and horizontal jumps. Our high jump area is located outside of lane 8 with over 160' of run-up surface. The facility also features a 5,000 seat grandstand, with shelter. The throws area is located 400 meters away and features 2 hammer/disc circles along with two shot areas. This is the sight of the 2005 Class A State Meet.

Teams will not have access to the inside of the Cupp Complex, or the Dedmon Center. Bathrooms are located underneath the grand stand. No one will be allowed in the infield for warm-ups or team camps, please use the outside or seating areas for team areas. Warm-up will be allowed on the track and surrounding areas around the outside of the track.

➤ Entry Fee(s):

NOTE* *a team consists of 15 or more athletes*

\$150.00 - single gender team

\$200.00 - boys and girls teams

\$10.00 - per individuals on teams with less than 15 athletes

➤ Payment Methods:

*PO's will be accepted

*Make checks payable to:

"Radford University Track & Field"

MAIL PAYMENTS TO:

Bruce Berry-Meet Director

PO Box 6913

Radford, VA 24142

➤ **Entry Standard:**

Each team is allowed to enter 3 individuals per event, and one relay team. Depending on the number of entries in the field event, minimum standards may be put in place. All competitors will be guaranteed one mark, with proceeding marks needing to meet the event standard.

➤ **Entry Method:**

This year entries will be completed by:

DIRECTATHLETICS.com

Information on how to enter is enclosed in this packet!

ENTRY DEADLINE: TUESDAY - APRIL 5th, 2005

***NOTE:** *If there is a problem with internet access, please contact the Meet Director for alternate methods of entering*

➤ **Scoring:**

The team competition will score the top eight individual finishers and relays, 10-8-6-5-4-3-2-1.

➤ **Awards**

The top three finishers in each individual event and relay will receive an award. The championships team and runners-up will receive trophies in the team competition.

➤ **Guidelines**

This meet will follow all NFHS along with VHSL rules and regulations as they pertain to competition.

➤ **Miscellaneous**

Busses WILL NOT be allowed to park in the lot closest to the track. You will be directed to a lower lot after discharging teams.

Admission is free to all teams, and support staff

Parents and friends will be charged \$3.00 at the gate.

Concessions will be sold at the track

Schedule of Events

Coaches Meeting

10:45am:

There will be a coach's meeting at 10:45am
in the infield by the finish line

Running Events

12:00pm:

A rolling time schedule is the meet format. Girls will run first in events. All running events, *EXCEPT* for the straight-a-way races, will be seeded for a timed final. Timed final heats will run slowest sections first.

100m Hurdle Prelims
110m Hurdle Prelims
100m Dash Prelims
4x800m Relay
100m Hurdle Final
110m Hurdle Final
100m Dash Final
100m Dash (INVITATIONAL ONLY SECTION)
1600m Run Final
4x100m Relay
4x100m Relay (INVITATIONAL ONLY SECTION)
400m Dash Final
300m Hurdle Final
800m Run Final
200m Dash Final
3200m Run Final
4x400m Relay
4x400m Relay (INVITATIONAL ONLY SECTION)

Field Events

11:00am:

Boys SHOT PUT (girls to follow)
Girls DISCUS (boys to follow)
Girls POLE VAULT (boys to follow)
LONG JUMP (girls and boys at the same time)
Girls HIGH JUMP (boys to follow)

1:30pm:

TRIPLE JUMP (girls and boys at the same time)



Invitation Only Sections

- These sections are CHOSEN by the Games Committee.
- Invitations are totally subjective and ARE NOT based on a qualifying standard.
- Invitational sections WILL NOT be counted in the scoring.
- Invitations will be mail by MARCH 1st, 2005
- Invitees DO NOT count towards the 3 athlete limit

➤ **Opening Heights**

Girls High Jump - 4'6"; 5 Alive

Boys High Jump - 5'6"; 5 Alive

Girls Pole Vault - 6'6"; 5 Alive

Boys Pole Vault - 8'6"; 5 Alive

➤ **Minimum Measurements**

Girls Long Jump - 14'

Boys Long Jump - 18'

Girls Triple Jump - 33' 5"

Boys Triple Jump - 42' 5"

➤ **For more information contact:**

Bruce Berry-Meet Director

540-831-6843 - office

bberry6@radford.edu - e-mail

